#### FOUR HUNDRED YEARS

Ou Gawd hay ur-wa paa Oh God, Hear Our Prayer

Hs ee oak-non-led ur-wa ant-zester As we acknowledge our ancestors,

Hu er wipp frun da Ma-Da-An who were ripped from the Mother Land.

*Ur-wa ant-zester hu kav aus da pra-sus tee-zing*Our ancestors who gave us the precious teachings

bi wok-zing, az da ka-mu-ti oh-zing ands by walking as a community, holding hands

**Ingtu da oshun tu ra-lee dee ba-dee bum sa-fing.** into the ocean to relieve their bodies from suffering.

**EE** kan bea ur-wa law-zes dat er Ing-flick-de apa aus We can bear our losses that were inflicted upon us

bi da sus-tim ov x-plu-ta-su ant x-ter-ma-na-sunn. by the system of exploitation and extermination.

**Ur-wa ant-zester uh kav aus da keef ov ceeyong**Our ancestors who gave us the gift of Seeing.

**Pees fo-kav aus foo kazing haa-tat tu arb-jick** Please forgive us for getting attached to objects.

Ann see-u-wa-shon dat haa o-stra-de ur-wa wu and situations that have obstructed our view.

*Ur-wa ant-zester uh shoo aus hs hay ka-mu-ti,*Our ancestors who showed us, as a community,

dat sa-fing tiz sakun-nacha, dat jui, laav ann so-port kan hee that Suffering is second-nature, that joy, love, and support can heal.

Ou Gawd pees fo-kay doos uh wa-wige da Oh God, please forgive those who ravaged the

Nay-if Ha-ma-kin In-dens ann tuk Ter-til I-ann fam dem Native American Indians and took Turtle Island from them

# *Ur-wa ant-zester uh dem-on-sta-ti dat day er*Our ancestors who demonstrated that they were

stunga ann Grayta dan da ann-wer-ta-ti da in-kou-ta stronger and Greater than the adversity they encountered.

### Ra-som tin Ha-ma-ka hiz ann a-mo-shu-no saan Racism in America is an emotional chain

dat ee ur bun nin-tu, doo lat dit dee-fon aus that we were born into, don't let it define us.

### Haz ur-wa lay-higgs ka-ti-u, maa ee cyne As our lineages continue, may we shine

*li da tar en da ky, ann bee da him-bo-dee-mant hov Kace.* like the stars in the sky, and be the embodiment of Grace

## La bee jui-foo en an-no-ning ur-wa lie; Let's be joyful in honoring our lives;

haz ee ka-tin-u tu am-pou, am-pou-wa ann laf as we continue to improve, empower, and lift

app ur-wa ka-mu-nu-ti up our communities.

### Ou Gawd hay ur-wa paa Oh God, Hear Our Prayer

English & Gullah Language of Pawleys Island, S.C. Dialect Author: Ralph Steele <a href="https://www.lifetransition.com">www.lifetransition.com</a>
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