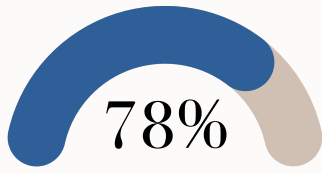


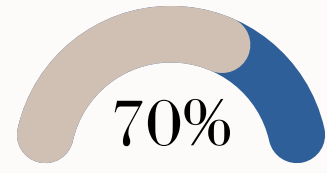
VETERAN MEDITATION RETREAT



Satisfied with the duration of the retreat

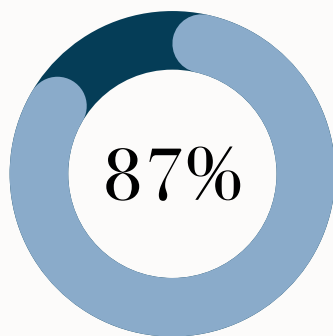
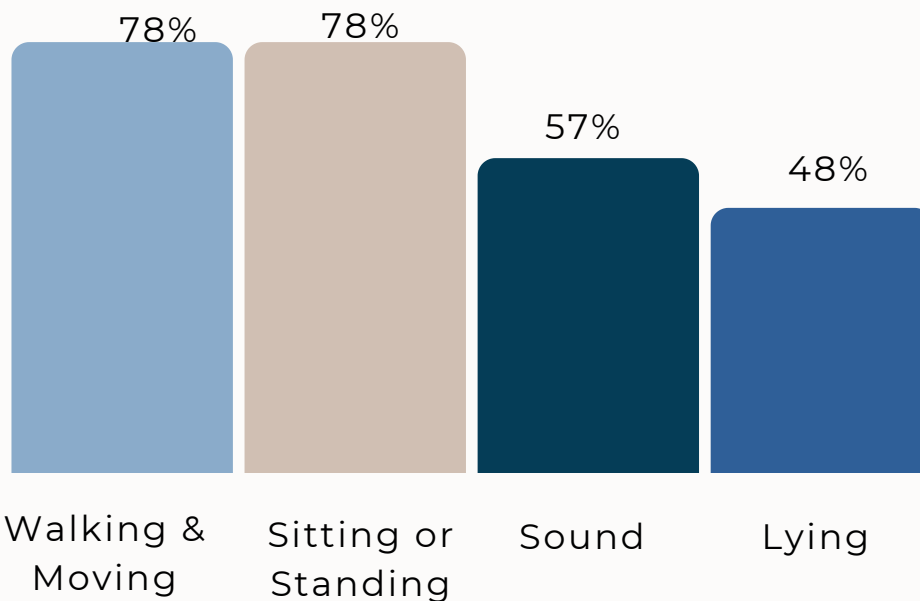
23

Total Participants

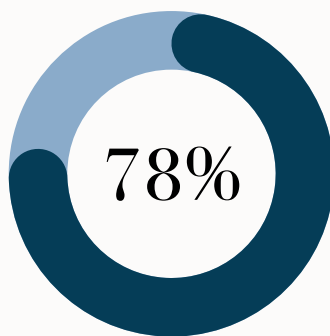


Received sufficient info to prepare for retreat

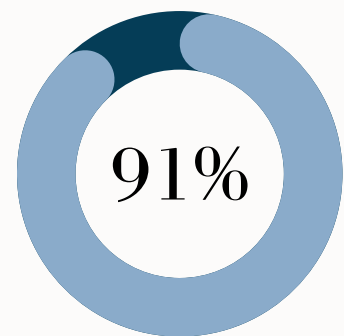
Participants who found the mediation type helpful (extremely + very)



Expect to see a positive change in their daily life after the retreat



Gained new skills and knowledge to manage mental health



Feel confident using the newly acquired skills about meditation

